

SLSC Summer Aquathlon series | Race 4 | Wednesday 15 July 2026 (1k swim + 5k run)

Overall Position	Race #	Name	Category	Swim	Run	Finish Time	Category finish
1	62	Rebecca Gravell	Female 16-39	14:51	23:24	38:15.3	1st female
2	60	Scott Mackenzie	Male 16-39	16:39	22:10	38:49.0	1st male
3	54	Chris Daniels	Male 50+	16:25	22:41	39:05.6	1st male s/vet.
4	64	Mike Reys	Male 50+	15:47	24:13	39:59.7	2nd male s/vet.
5	51	Euan Cheyne	Male 16-39	16:39	23:38	40:16.8	2nd male
6	17	Ian Peters	Male 40-49	19:59	20:49	40:48.5	1st male vet.
7	63	David Jeffery	Male 16-39	19:09	22:07	41:15.7	3rd male
8	66	Marc Van Heerden	Male 16-39	14:58	26:31	41:29.0	
9	53	Jessie Spivey	Female 16-39	18:43	22:53	41:35.8	2nd female
10	13	Rob Argles	Male 50+	18:15	24:07	42:22.1	3rd male s/vet.
11	52	Liam Hazelton	Male 40-49	20:50	22:26	43:16.4	2nd male vet.
12	59	Freya Cooper Williams	Female 16-39	17:36	25:50	43:25.9	3rd female
13	5	Jonny Edmondson	Male 16-39	16:25	27:10	43:35.3	
14	58	Joseph Dean	Male 50+	18:32	25:09	43:40.6	
15	61	Leo Milner	Male 16-39	21:41	22:01	43:42.4	
16	70	Tom Hodgson	Male 16-39	18:55	25:14	44:09.1	
17	6	Matthew Boardman	Male 16-39	20:03	24:24	44:27.0	
18	72	Nicholas Jaques	Male 16-39	18:14	26:50	45:03.6	
19	14	Aidan Padfield	Male 16-39	21:18	24:06	45:24.1	
20	20	Ann Brennan	Female 40-49	21:37	23:48	45:25.3	1st female vet.
21	68	Christopher Fitzpatrick	Male 16-39	18:16	27:35	45:51.5	
22	65	Joe Tuckwell	Male 16-39	21:25	24:32	45:57.3	
23	7	Eleanor Wells	Female 16-39	21:49	24:19	46:08.4	
24	67	Amy Steel	Female 16-39	18:17	29:24	47:41.4	
25	71	Gareth Evans	Male 40-49	23:54	24:57	48:50.9	3rd male vet.
26	4	Abigail Black	Female 40-49	21:03	27:51	48:53.8	2nd female vet.
27	31	Donna Dew	Female 40-49	16:33	32:32	49:04.7	3rd female vet.
28	15	Philip McNamee	Male 16-39	23:13	25:55	49:08.1	
29	29	Ekaterina Antonova	Female 40-49	25:19	23:54	49:13.1	
30	24	Helen Oldfield	Female 50+	22:32	26:52	49:24.4	1st female s/vet.
31	27	Emily Riddell	Female 16-39	23:16	26:18	49:34.2	
32	56	Andrew Searle	Male 16-39	25:30	24:07	49:37.3	
33	25	Bashiru Alimi	Male 40-49	26:13	24:04	50:16.8	
34	32	Matthew Hanney	Male 40-49	23:07	27:50	50:56.6	
35	26	Emily White	Female 16-39	24:56	26:52	51:48.3	
36	9	Laura Spooner	Female 16-39	20:02	33:31	53:33.0	
37	69	Matthew Podmore	Male 50+	22:27	31:13	53:39.9	
38	34	Matt Jones	Male 50+	26:13	27:52	54:05.3	
39	28	Clare Kissin	Female 16-39	22:54	31:14	54:07.5	
40	35	Ghizala-Ruth Modood	Female 16-39	24:45	29:41	54:25.7	
41	12	Nicola James	Female 16-39	26:27	28:14	54:41.0	
42	30	Michela Bariletti	Female 40-49	27:19	27:34	54:53.1	
43	10	Francisca Raison	Female 16-39	23:59	30:57	54:55.7	
44	18	Heilene Misson	Female 40-49	22:20	34:03	56:22.8	
45	55	Charlotte Bruun	Female 16-39	22:13	34:36	56:48.5	
46	11	Andrew Cosgrove	Male 40-49	27:24	32:15	59:39.0	
47	23	Louise Phillips	Female 40-49	22:18	38:00	1:00:17.9	
48	33	David Crockwell	Male 50+	26:29	36:17	1:02:45.7	
49	16	Amy Sharpe	Female 16-39	25:19	38:06	1:03:25.2	
50	8	Vikki Jessop	Female 16-39	35:45	27:48	1:03:33.1	
51	21	Eileen Crowley	Female 16-39	28:07	38:22	1:06:29.3	
52	1	Helen Roach	Female 50+	27:37	41:10	1:08:09	2nd female s/vet.
53	19	Pip Rose	Female 40-49	31:37	45:33	1:17:10.3	
54	2	Iryna Grillo	Female 40-49	37:42	39:28	1:17:10.3	
55	22	Sonita Dowd	Female 16-39	32:07	49:04	1:21:11.1	