

SLSC Summer Aquathlon series | Race 3 | Wednesday 01 July 2026 (1k swim + 7.5k run)

Position	Bib	Name	Team name	Category	Swim Time	Run Time (Difference)	FINISH TIME	Category finish
1	66	Pip Bennett	Otter SC/Herne Hill Harriers	Male 40-49	00:14:28	29:05.1	43:33.1	1st male vet.
2	70	Tom Gibson		Male 16-39	00:16:00	30:24.0	46:24.0	1st male
3	63	Daniel Lee	Benfleet Running Club	Male 16-39	00:16:06	31:48.9	47:54.9	2nd male
4	58	Rebecca Gravell	The Stragglers	Female 16-39	00:14:53	33:30.2	48:23.2	1st female
5	73	Graham Booty	Benfleet Running Club	Male 50+	00:17:30	31:01.1	48:31.1	1st male s/vet.
6	60	William Taylor		Male 16-39	00:18:51	29:46.4	48:37.4	3rd male
7	56	Jasper Cox	South West London Fin	Male 16-39	00:15:45	34:40.3	50:25.3	
8	68	Steve Rankin	SLSC	Male 40-49	00:15:49	34:39.6	50:28.6	2nd male vet.
9	75	Matthew Rodaway	Clapham Chasers	Male 16-39	00:20:03	30:56.8	50:59.8	
10	59	Chris Daniels	Otter SC	Male 50+	00:17:00	34:10.3	51:10.3	2nd male s/vet.
11	52	Jonathan Froome		Male 40-49	00:19:51	31:31.3	51:22.3	3rd male vet.
12	62	Richard Twomey	SLSC	Male 40-49	00:20:12	31:29.6	51:41.6	
13	69	Carlos Ardid	London Poly	Male 40-49	00:15:56	36:03.8	51:59.8	
14	72	Elizabeth Walker	SLSC	Female 16-39	00:17:35	34:26.2	52:01.2	2nd female
15	23	Tom Jackson		Male 16-39	20:04	32:09.8	52:13.8	
16	74	Anne-Marie Clifford	Flu-On Tri	Female 16-39	00:17:23	34:57.8	52:20.8	3rd female
17	61	Megan Armitage	Kings Cormorants	Female 16-39	00:15:38	36:55.5	52:33.5	
18	76	Marc Van Heerden		Male 16-39	00:15:17	38:37.1	53:54.1	
19	36	Rob Argles	Ful-on tri	Male 50+	18:07	36:30.2	54:37.2	3rd male s/vet.
20	57	Matthew Cox		Male 40-49	00:19:04	35:45.2	54:49.2	
21	20	Pippa Hansford		Female 16-39	19:37	35:20.7	54:57.7	
22	55	Nicola Cox		Female 40-49	00:17:45	37:33.4	55:18.4	1st female vet.
23	16	Oliver Ray		Male 16-39	22:22	33:00.7	55:22.7	
24	35	Michele Coe-O'Brien	South London Harriers	Female 50+	18:11	37:31.4	55:42.4	1st female s/vet.
25	64	Joseph Dean	Spencer Swim Team	Male 50+	00:18:35	37:20.5	55:55.5	
26	71	Michael Rowe		Male 50+	00:20:10	36:41.1	56:51.1	
27	67	Sarah Young	London Poly	Female 40-49	00:15:50	41:11.0	57:01.0	2nd female vet.
28	7	Rachel Briscoe	SLSC	Female 40-49	18:06	40:01.8	58:07.8	3rd female vet.
29	21	Laura Toland		Female 16-39	23:18	35:10.5	58:28.5	
30	77	Richard Yarwood		Male 16-39	00:22:06	36:24.5	58:30.5	
31	9	Christopher Fitzpatrick		Male 16-39	18:41	39:59.7	58:40.7	
32	53	Alexa Pinner	Team Mermaids/FOT	Female 40-49	00:16:01	43:12.3	59:13.3	
33	22	Gareth Evans	SLSC	Male 40-49	23:50	36:19.0	1:00:09.0	
34	11	Daniel Kennedy		Male 16-39	25:23	35:00.1	1:00:23.1	
35	12	Emma Jackson		Female 16-39	21:02	39:35.9	1:00:37.9	
36	65	Kate Taylor		Female 16-39	00:20:39	39:59.7	1:00:38.7	
37	34	Patrick O'Brien	South London Harriers	Male 50+	24:31	37:22.8	1:01:53.8	
38	10	Kate Green		Female 16-39	21:16	41:07.2	1:02:23.2	
39	18	Jessica Hansford		Female 16-39	20:08	42:36.0	1:02:44.0	
40	8	John Foss	SLH Tri-Club	Male 50+	23:28	39:19.6	1:02:47.6	
41	5	Freddie Roberts	London frontrunners	Male 16-39	25:31	37:33.0	1:03:04.0	
42	2	Tamzin Clayton		Female 16-39	17:36	46:10.5	1:03:46.5	
43	3	Tiffany Pritchard		Female 16-39	21:43	42:40.8	1:04:23.8	
44	1	Bee Barbini		Female 50+	23:57	41:29.8	1:05:26.8	2nd female s/vet.
45	51	Alberto Padilla Rosa	Not applicable	Male 16-39	00:21:43	44:21.1	1:06:04.1	
46	25	Matthew Jones	SLSC	Male 50+	26:31	40:12.4	1:06:43.4	
47	13	Zeynep Meric-Smith		Female 40-49	25:04	41:59.5	1:07:03.5	
48	6	Rosie Parnham		Female 16-39	24:19	43:44.6	1:08:03.6	
49	4	Ella Rogers		Female 16-39	25:26	43:13.7	1:08:39.7	
50	24	Tim Bowling		Male 40-49	23:30	46:03.3	1:09:33.3	
51	17	Clare Kissin		Female 16-39	23:07	46:40.5	1:09:47.5	
52	15	Justin Hayes		Male 50+	22:04	49:26.8	1:11:30.8	
53	14	Poppy Hayes		Female 16-39	21:24	50:17.9	1:11:41.9	
54	19	Alistair Jones		Male 40-49	30:05	42:38.9	1:12:43.9	